

28 November 2014

**Mainstay Medical International plc
("Mainstay Medical" or the "Company")**

Block Admission

Mainstay Medical today announces that it has made a blocklisting application to the Irish Stock Exchange for 409,374 ordinary shares of €0.001 each to be admitted to trading on ESM. These ordinary shares will be issued and allotted from time to time upon the exercise by option holders of share options in accordance with the rules of the Company's Share Option Plan 2014. Admission is expected to take place on 3 December 2014.

The ordinary shares will rank pari passu in all respects with the existing issued ordinary shares of the Company.

Application to list these ordinary shares on Euronext Paris will be made after the shares are issued.

For further information please contact:

Mainstay Medical International plc
Tom Maher
Company Secretary
+353 87 8335658
tom.maher@mainstay-medical.com